Common Problems  
  
  
The most common problems with vaginal atrophy are dry mucous membranes. This, in turn, means that you may experience any of the following symptoms:

• Feeling of dryness  
• Itching  
• Burning  
• Irritation  
• Pain during intercourse  
• Pain when urinating  
• Problems with activities such as horse riding or cycling

It is common to have one or more of these problems during different periods of life, as estrogen production is affected and in change. The most common time is during menopause, but you may also experience symptoms when breastfeeding or during cancer treatment.

These problems can certainly have a negative effect on your whole quality of life. Luckily, now there is a solution!

Do you recognize any of these discomforts? Learn more about how VagiVital can help you!